Do you know the negative impacts of our daily sedentary lifestyle?

Physical Problems





Neck & Shoulder Pain







Mental Problems





Less Energy

Less Focus

Mood Swing

Less Productive

Sitting Too Much Affects Employee Health & Efficiency

High Blood Pressure

People across the globe are sitting too much. All of this sedentary behavior is having an impact on employee and organizational health & productivity.

How Sedentary Are We?



Sleeping - 8 Hours



Moving - 8 Hours



Eating - 1 Hour



On Home Computer - 1.5 Hours





Watching TV - 1.5 Hours



Leisure Time - 1.5 Hours



ERGONOMIC MOUNTING & FROM ERGOTRON for Healthier & More Pro

How Ergotron Help You Avoid **Those Problems**



MEDICAL C/ Personalize a workstation (to suit your w

ERGOTRON°



LEADERS IN DIGITAL MOUNTING TECHNOLOGY

For more than 30 years, Ergotron has offered beautifully designed mounting and mobility products to computer Users bringing comfort,



WORLDWIDE PRESENCE

the globe for the implementation of the WorkFit®, LearnFit®, Neo-Flex®, TeachWell®, etc.



FINEST PRODUCT QUALITY & TECHNOLOGY

- Constant Force™ Effortlessly adjust the screen with slightest touch
- **LifeKinnex™ Power System**Medical carts battery with longer life & faster charging time
- 10,000 Cycle Motion Testing Ensure highest quality & durability of products







PT MURNI SOLUSINDO NUSANTARA

Digital Business Transformation Center

Branch Transformation | Customer Experience | Digital Teller Automation | Self-service Solution Cash & Cheque Processing Solution | Digital Signage | RPA | Ergonomic Solution | Maintenance Service



30+ YEARS OF EXPERIENCES



TRUSTED BY **MAJOR COMPANIES** ACROSS SECTORS



NATIONWIDE **TECHNICAL SUPPORT** WITH 100+ SERVICE POINTS **AND 24/7 HELPDESK**



CORE COMPETENCY IN **ERGONOMIC SOLUTIONS AND DIGITAL TRANSFORMATION SOLUTIONS**



JAKARTA (Head Office & Multisector Simulation Room)

Jl. Lingkar Luar Barat No.1, Jakarta Barat 11750, Indonesia 6 +62-21 587 4505

P +62-21 584 1060

BANDUNG +62-22 205 63705 SURABAYA

+62-31 593 0010 MEDAN +62-61 453 2994 YOGYAKARTA DENPASAR

+62-274 883 506 +62-361 499 323 SEMARANG +62-24 764 34391











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